

WhipUp.net ...

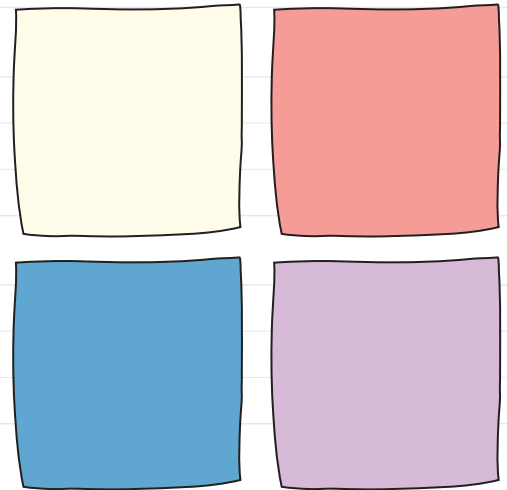
65 roses charity quilt

Step 1.

Take your 4 (5 inch) squares of fabric & sew them together - with the plain piece of fabric in the top left corner.

Use 1/4 inch seam allowance & white cotton thread when sewing the blocks together.

Press seams open.



Step 2.

Trim block to a 9.5x9.5 inch square. Embellish a rose design using embroidery or applique in the top left corner. Make sure you allow enough space around your design for sewing up seams.

Step 3.

Please send your completed square to me:

Whipup.net
Kathreen Ricketson
30 McCawley Street, Watson
Canberra, ACT, 2602
Australia

Contact me anytime on whipupATgmail.com

Thanks again
Kathreen XXX

This quilt has been designed as a Cystic Fibrosis (CF) charity quilt.

65 Roses is the symbol for Cystic Fibrosis, one of the most widespread life-shortening genetic diseases in the western world.

This 65 roses quilt will be donated to the Australian CF foundation to be auctioned at their annual gala event in May, help me make this quilt by sending a completed rose block to me - here are the details:

You will need:

- # 3x 5 inch blocks of cotton fabric - use fresh spring coloured florals or prints with a vintage/romantic feel.
- # 1x 5 inch square of offwhite cotton fabric - unbleached cotton, pale pink or beige is perfect
- # embroidery floss in your choice of fresh spring colours + embroidery hand sewing needle to hand embroider your design &/or co-ordinating scraps of fabric to applique your design.
- # sewing machine + white cotton thread to sew the block

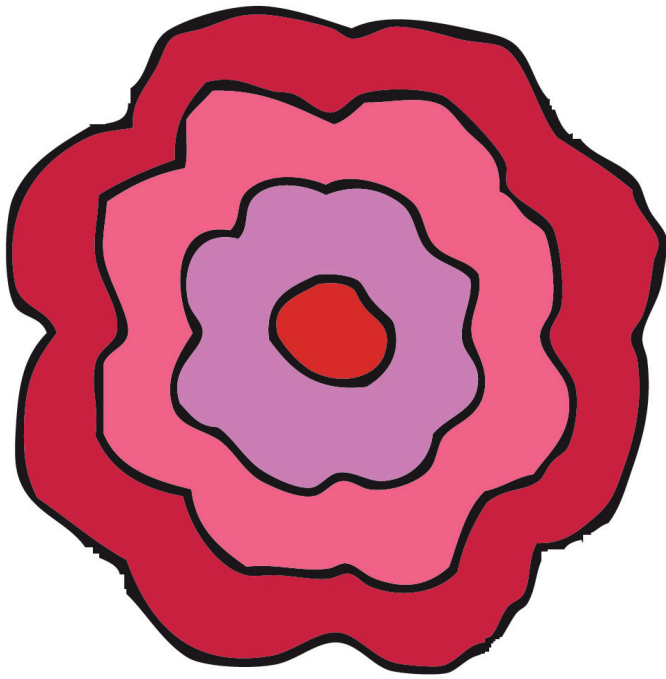
The instructions for constructing this simple 4 charm square block are included here; feel free to use either embroidery or applique to embellish your rose design on the plain square of fabric.

Use one of the rose designs supplied with this pattern or fashion your own rose design imbuing the square with your personality. Use either embroidery or applique in your designs, keep it simple or go all out - its up to you.

Then send your completed square back to me, before 20 January 2010 - when I will be sewing up the squares & sending it off to be professionally quilted, I am hoping for at least 65 squares to make one quilt.

Thank you for participating.

(Ps. feel free to pass this on to your quilty friends.)



Simple Rose - Applique block

Trace the pieces onto paper:

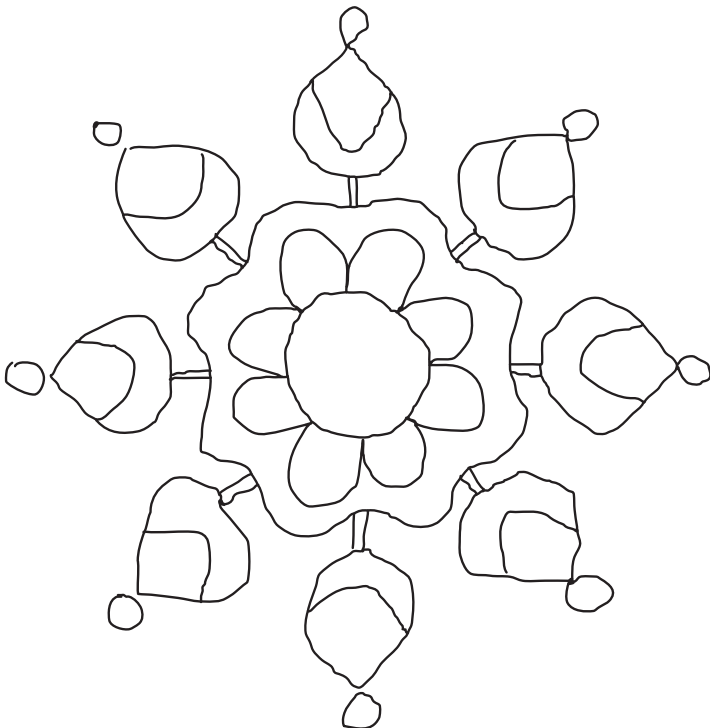
Trace each layer of centre rose (4 layers in total).

Trace leaves = 16 leaves

Trace the rose bud in 2 parts - stem + bud.

I have included directions for 2 different applique methods:

1. Iron on + machine stitched
2. hand sewn applique



Whig Rose - Applique block

Trace the pieces onto paper:

Trace each layer of centre rose (1x inner circle, 1x outer shape + 8 petals).

Trace the rosebuds = 8 whole shapes + 8 rose tips + 8 small circle tops

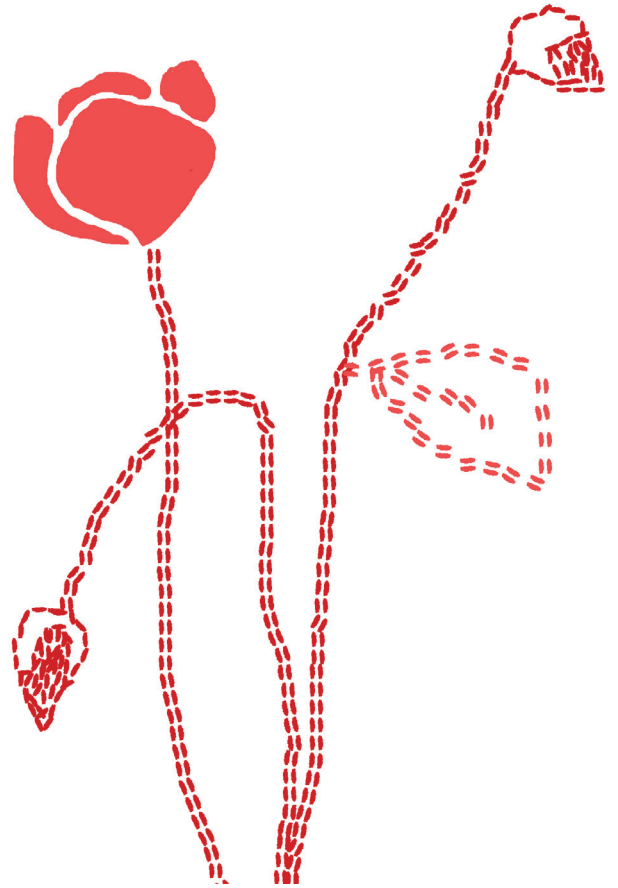
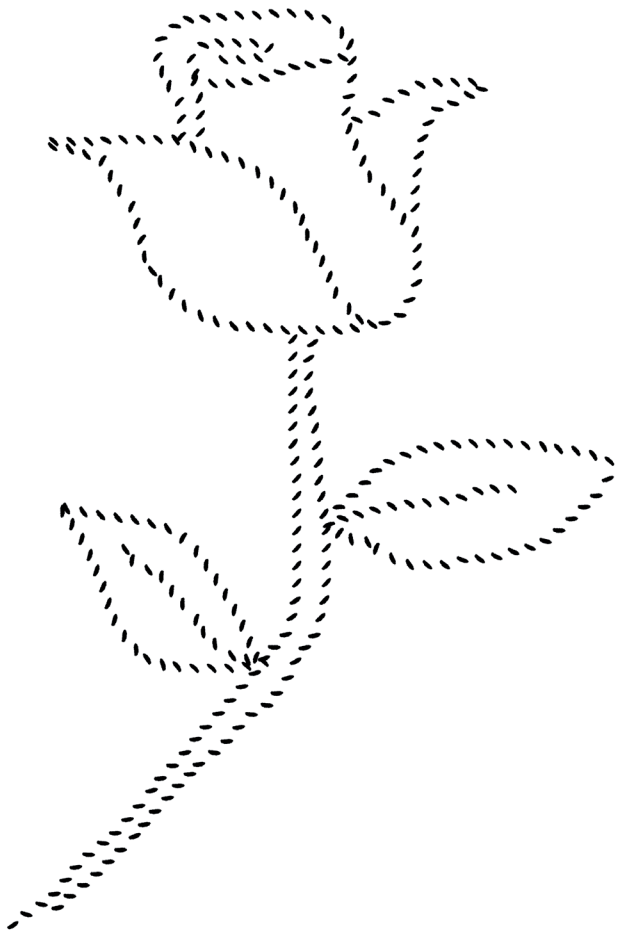
Use bias binding for the short stems

Method 1:

1. Trace the pieces onto double-sided fusible web & roughly cut around each piece. Iron these pieces onto the wrong side of your fabric scraps (leaves + stalks in pale green, flower petals in different shades of pinks/yellows/oranges).
2. Cut out the pieces more accurately now - cutting carefully around your tracing lines. Layer the pieces of fabric in the correct order onto your plain fabric square. When you are happy with the arrangement - iron in place.
3. Use your sewing machine to machine sew carefully around each piece (use a straight stitch close to the edge or a blanket or small zig zag stitch in a co-ordinating thread).
4. In addition you might like to add some decorative hand-embroidery stitches to outline the rose.

Method 2.

1. Trace all the pieces onto freezer paper & cut out accurately. Iron your pieces onto the wrong side of your scraps of fabric & cut out leaving a 1/4 inch seam allowance.
2. Dab the seam allowance with liquid starch concentrate & carefully press the seams over the edge of your freezer paper template pieces until the edges are crisp. Remove the freezer paper (it should pull off easily).
3. Place the pieces in the desired position on your square of plain fabric & either pin or tack into place (or use a temporary fabric glue or basting spray to hold in place). Then hand sew around each piece using a blind hemming stitch and a co-ordinating cotton thread. You could use more decorative stitches too, if you are so inclined - such as running stitch or blanket stitch - try some French knots in the centre.



Rose Embroidery designs

To transfer your design:

1. Trace your design onto paper using a transfer pencil & then flip over & iron onto your fabric.

2. Iron freezer paper onto a piece of fabric big enough to go through your printer then put it through your inkjet printer, as you would regular paper and print your design directly onto your fabric.

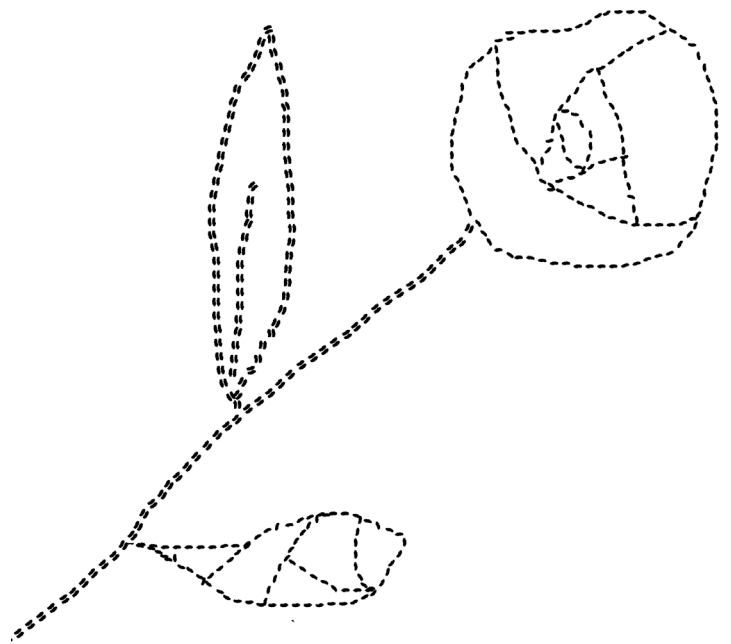
Feel free to use any stitches you like for these designs.

Suggestions:

Fill using cross stitch or satin stitch.

Outline using running stitch, back stitch or chain stitch.

You can also use a combination of applique + embroidery in your design.



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